

KURSPLAN

MONTAG



16:00 - 17:00

TEEN EAGLES
11-13 J.

17:30 - 19:00

BOXEN

19:00 - 20:30

MUAYTHAI BASIC
(ROOKIES)

DIENSTAG

10:00 - 11:30

MUAYTHAI & BOXEN
ALLE

16:00 - 17:00

JUNIOR EAGLES
8-10 JAHRE

17:30 - 18:30

LADIES MUAYTHAI
(ONLY WOMAN)

18:30 - 20:00

MUAYTHAI

MITTWOCH



16:00 - 17:00

MINI EAGLES
5-7 JAHRE

17:30 - 19:00

MUAYTHAI BASIC
(ROOKIES)

19:00 - 20:30

BOXEN

DONNERSTAG

10:00 - 12:30

OPEN MAT

16:00 - 17:00

JUNIOR EAGLES
8-10 JAHRE

17:00 - 18:00

TEEN EAGLES
11-13 JAHRE

18:30 - 20:00

MUAYTHAI

FREITAG

10:00 - 12:30

OPEN MAT

16:00 - 17:00

MINI EAGLES
5-7 JAHRE

17:30 - 18:30

LADIES MUAYTHAI
(ONLY WOMAN)

18:30 - 20:00

FIGHTERS

SAMSTAG

10:00 - 11:00

JUNIOR FIGHTERS

11:30 - 12:30

SPARRING

